



DEFICIENCY
 DISEASE
 ENERGY
 FACT
 FOLATE
 HEALTH
 HEMORRHAGE
 MYTH
 NIACIN
 NUTRITIONIST



Why Are British Sailors Called Limeys?

ORGANIC
 RDA
 RIBOFLAVIN
 RICKETS
 SAILOR
 SCURVY
 SYNTHETIC
 THIAMIN
 VITAMIN
 WEAKNESS

Hidden in the puzzle are all the words listed above. See how many of them you can find and circle. You can then learn more about this question and the ABC's of vitamins when you read the article *Why Are British Sailors Called Limeys* at the *Ask a Biologist* web address below.
 (<http://askabiologist.asu.edu/research/scurvy/>)



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Let's see how you did. The solution above will let you see how many of the words you found. Try some of the other puzzles at the *Ask a Biologist* web site listed below.